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You'll need just a couple of materials to create this DIY fidget tool:

- Craft stick
- Pipe cleaner
- Beads
- Tape
- Rubber bands (optional)

To make the desk fidget tool:

Cut a pipe cleaner to fit the length of a craft stick, including bending both ends over to the reverse side of the craft stick.

Slide several beads onto the pipe cleaner. Then, bend both ends over the ends of the stick. Attach them with a strip of tape over the length of the pipe cleaner that is bent down the backside of the craft stick. At this point, you can wrap rubber bands around each end of the craft stick to secure the pipe cleaner. You will want to cover the rubber bands (or just tape around the end of the craft stick if you omitted the rubber bands).

