

Activate Your Senses

This is a multi-sensory station that targets each of the five senses: smell, touch, sound, sight, and taste. Sensory stations allow for students to meet their sensory needs in a variety of ways. Our station has a scratch and sniff station, tactile box station, mystery sound tube station, seek and find station, and taste testers station. All stations target a sensory category. Use the information below to help you build one at home.

Scratch and Sniff

You will need:

- Glue
- Jello
- Plates

Tactile Box

You will need:

- Box
- Sand
- Tactile Items
 - Beads, Balls, Buttons, etc.

Mystery Sound Tubes

You will need:

- Toilet Paper Tubes
- Rubber Bands
- Paper
- Sounds
 - Beads, Beans, Rice, etc.

See and Find Bottles

You will need:

- Bottles
- Rice
- Items Inventory
 - Beads, keys, marbles, etc.

Taste Testers

You will need:

- Pop Rocks
- Jelly Beans
- Pretzels
- Blindfold