

### Other School-Based Activities

Section 1. Statement of Goals. The following goals are established for other school-based activities:

1. Schools will schedule students with a minimum of twenty (20) minutes to eat for lunch.
2. Schools will schedule students with a minimum of ten (10) minutes to eat for breakfast.
3. Schools will encourage fundraising activities that promote physical activity.
4. Schools will promote alternate choices to candy as an academic and/or behavioral reward. (See addendum #1 for a list of alternative rewards.)
5. Recognizing concerns about food safety, allergies and other restrictions to some students' diet:
  - A. All food for student consumption will be commercially prepared (other than home prepared foods for individual student lunches). The exception to this would be when a classroom is preparing a food item as part of the learning curriculum.
  - B. Schools will promote involvement in community-sponsored wellness activities like "Focus on Health" or fitness events.
6. Elementary schools will provide parents with a list of ideas, including recommended food and beverage items, for healthy classroom celebrations and parties.
7. The School Corporation's Food Service Department will post nutrition tips - and nutrition analysis of lunch menus on the district's website.
8. The School Corporation's Food Services Department will adopt marketing techniques to promote healthy choices.
9. The School Corporation will promote workplace wellness.

Section 2. Implementation of Goals. The Superintendent, or the Superintendent's designee, shall develop implementation strategies to achieve the goals stated in this guideline.

Section 3. Fundraisers.

1. The sale of food items that meet nutrition requirements at fundraisers are not limited in any way under the standards.
2. The standards do not apply during non-school hours, on weekends and at off-campus fundraising events.
3. The standards provide a special exemption for infrequent fundraisers that do not meet the nutrition standards. Indiana has determined the frequency with which fundraising activities take place that allow the sale of food and beverage items that do not meet the nutrition standards is two per school each school year.