

School Wellness

Section 1. Statement of Purpose. East Allen County Schools recognizes its responsibility, as mandated by federal and state law, to promote a healthy learning environment by supporting wellness, good nutrition and regular physical activity.

Section 2. Annual Review. To fulfill the School Corporation's responsibility to promote a healthy learning environment, as mandated by federal and state law, the Board of School Trustees will review, on an annual basis (before July 1 of each year) the School Corporation's wellness policies, reviewing established nutrition guidelines and goals for nutrition education, physical activity, and promoting student wellness.

Section 3. Public Hearings. The Board of School Trustees will hold, in association with the Board-appointed school health advisory council, on or before July 1 of each year (beginning on or before July 1, 2007), at least one (1) public hearing at which public testimony and comment will be allowed on the School Corporation's wellness policy.

Section 4. Adoption of School Corporation Guideline on Child Nutrition and Physical Activity. As required by I.C. 20-26-9-18, the Board of School Trustees shall adopt, or renew, a district guideline on child nutrition and physical activity taking into consideration recommendations made by the School Corporation's school health advisory council. However, nothing in this guideline should be interpreted as limiting the authority of the Board of School Trustees to be the final decision-maker regarding any district guideline on child nutrition and physical activity. The Board of School Trustees, after considering the recommendations made by the School Corporation's school advisory council annually, may reject any, or all, of such recommendations in developing the district's guideline on child nutrition and physical activity.

Section 5. Individual School Wellness Committee. Each school shall form an "in house" wellness committee to serve as the building liaison for nutrition and wellness communication and resources for students, parents and staff and monitor their school plan. This school wellness committee shall consist of (at a minimum) the Principal, Food Service Manager, School Nurse, a P.E. teacher, a classroom teacher, and a student representative. The school wellness committee shall meet at least twice per year. In addition, the Principal shall hold one staff meeting for the entire staff of the school to discuss the individual school's wellness plan and the goals. Normally, this meeting shall be conducted as part of the North Central evaluation or P.L. 221 evaluation process each year. One or more members of each School Wellness Committee shall attend an annual collaborative meeting with the EACS Wellness Advisory Council. At the

annual collaborative meeting with the Council, School Wellness Committees representatives shall be asked to report on their in-house meetings held during the school year.