1. **CURRICULUM CONNECTION**

*Enclosure #1* contains the curriculum connection for the week. Principals, please note that instructional coaches will not be holding their normal collaborations this week due to ISTEP+ - time for a break.

Marilyn Hissong, ext. 3319

2. **SEVERE WEATHER PREPAREDNESS WEEK**

March 13-19, 2011 is designated as severe weather preparedness week. Please take note of the following dates:

- Wednesday, March 16, 2011 is the designated tornado drill day
- Thursday, March 17, 2011 is the back-up day for the tornado drill

Additional information is expected to be released during the first week of March. Any questions, please contact Jeff Studebaker, ext. 3206.

Britt Magneson, ext. 3143

3. **ANNUAL EAEA RETIREMENT AND RECOGNITION DINNER**

The 46th Annual EAEA Retirement and Recognition Dinner is scheduled for April 25, 2011 (the day after Easter). This event will celebrate the achievements of EACS retirees, teachers of the year, and golden apple winners. There will be a social time before dinner, appetizers, buffet dinner with live saxophone music, and a wonderfully entertaining and touching presentation of those being recognized. See *Enclosure #2* for more information.

Tamyra Kelly, ext. 1050

4. **SCHOOL DELAYS AND CLOSINGS**

Hopefully EACS will not have anymore school cancellations for the remainder of this school year. *Enclosure #3* is a listing of the Delays and Closings that EACS has experienced as of Wednesday, March 2nd.

Kirby Stahly, ext. 1005

5. **MARCH IN MOTION**

On March 9th the Northeast Indiana Wellness Council of Fort Wayne will host the annual March in Motion seminar. This event will be held at IPFW. Please see Enclosure #4 for more information.

Britt Magneson, ext. 3143
Curriculum

**Bundle Calendars** - These serve as “suggested guidelines” and are flexible. This is important as we lose instructional time due to inclement weather. Teachers feel free to adjust as needed.

**Curriculum Resources Shared Drive:**
1. ISTEP+ Applied Skills (past assessments)
2. Updated K-G5 Read-Aloud List
3. Guided Reading Lesson Plan Template
4. Gradual Release Model - Guided Reading
5. Guided Reading Self-Assessment Rubric

Internet Resources

**Math**

**Reading**
http://www.fcr.org/curriculum/scaindex.shtml - The K-5 Student Center Activities (SCA) and K-3 Instructional Routines search tool provides teacher’s access to the 522 individual SCA and the instructional routines from Empowering Teachers. Use this search tool to find and print specific instructional routines or student center activities and their accompanying activity masters by grade level, reading component (PA, P, F, V, C), subcomponent, DIBELS measure, or Florida Sunshine State Standard.

Gray Folders

The folders should contain the following:
1. Fall/Spring Writing Prompts
2. High Frequency Word Lists
3. Profile Cards (if used in your building)

K-G2 Collaboration Topics

- No collaboration this week with instructional coaches due to ISTEP+ testing.

Important Dates

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<thead>
<tr>
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<tbody>
<tr>
<td>ISTEP+ (writing/open ended)</td>
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<tr>
<td>ACUITY Diagnostic 3</td>
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<td></td>
</tr>
</tbody>
</table>

Data Integration

1. **ISTEP+**
   - Writing/ open ended
2. **Acuity**
   - Diagnostic 3

**ISTEP+ Blitz**

ISTEP+ Past Questions - Curriculum Resources Share Drive - Right now we have G3-G8 math.

**Compass Odyssey at Home** - Remind your students that they can access Compass Odyssey at home. This is a great way to work on standard specific skills.

**Test Taking Strategies** - Chapter 27 - Guiding Readers and Writers (Fountas and Pinnell) - This is a great resource for teachers.

**Treasures: ISTEP+ Format Weekly Assessments**

News and Notes

**Dynamic Teaching Series**
- Sessions 1, 4, 5, 6, and 10 have been CANCELED.
  If you have signed up for any of these sessions, please be sure to take note. **(Due to inclement weather Session 1 and 5 will not be rescheduled).**

**Professional Development Calendar** - Just a reminder to frequently check the updated professional development calendar located in the district shared drive (professional development folder)

G3-G8 Collaboration Topics

- No collaboration with instructional coaches due to ISTEP+ testing.
EAEAs 46th Retirement and Recognition Dinner

EACS 2011 Retirees Teacher of the Year
Golden Apple Winners

Monday, April 25, 2011
Ceruti’s Catering and Banquet Hall
(6601 Innovation Blvd.)

Social Hour (cash bar) 5:30pm
Buffet Dinner* 6:30pm
*includes appetizers and dessert

Cost: $25.00 per person
Payable to EAEA

Please RSVP to Diane Lake
New Haven Middle School
by April 19.

Please print and detach this portion and send to Diane Lake.

Name _____________________________________
Guest _____________________________________

Your School’s Name _____________________________

Method of Enclosed Payment: Check #___________ Cash Amount ___________

All the meals are pre-ordered; therefore, there will be no refunds after April 19, 2011.
## EAST ALLEN COUNTY SCHOOLS
### DELAYS & CLOSINGS

#### 2010-2011 SCHOOL YEAR

<table>
<thead>
<tr>
<th>DATE/DAY</th>
<th>DECISION</th>
<th>REASON</th>
<th>MAKE-UP DAY</th>
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<tr>
<td>09/23/10-Thur</td>
<td>2 Hour Delay</td>
<td>Fog</td>
<td>----</td>
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<tr>
<td>11/11/10-Thur</td>
<td>2 Hour Delay</td>
<td>Fog</td>
<td>----</td>
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<tr>
<td>12/06/10-Mon</td>
<td>2 Hour Delay</td>
<td>Ice/Snow</td>
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<tr>
<td>12/10/10-Fri</td>
<td>2 Hour Delay</td>
<td>Ice/Snow</td>
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<td>12/13/10-Mon</td>
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<td>Drifting Snow</td>
<td>Feb. 21&lt;sup&gt;st&lt;/sup&gt; President's Day Jun. 2&lt;sup&gt;nd&lt;/sup&gt;</td>
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<td>Snow</td>
<td>Jun. 2&lt;sup&gt;nd&lt;/sup&gt;</td>
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<td>Ice</td>
<td>----</td>
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<td>Wind Chill</td>
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<td>Wind Chill</td>
<td>----</td>
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<td>02/25/11-Fri</td>
<td>--CLOSED--</td>
<td>Snow</td>
<td>March 4&lt;sup&gt;th&lt;/sup&gt;</td>
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Eat Right with Color!

March is National Nutrition Month. This year’s theme is “Eat Right with Color,” encouraging you to pack more nutrition into your day with colorful foods on your plate.

Research is uncovering the benefits of pigment-related phytonutrients — and the colorful fruits and vegetables that supply them. Different foods add a variety of color, texture, shape and flavor to meals and snacks, as well as different nutrients and phytonutrients. Vary the color on your plate to provide a festive and nutritious meal.

Green: avocados, apples, grapes, honeydew, melons, kiwi, limes, artichokes, asparagus, broccoli, green beans, green peppers and leafy greens such as spinach

Orange and deep yellow: apricots, cantaloupe, grapefruits, mangos, papayas, peaches, pineapples, carrots, yellow peppers, yellow corn and sweet potatoes

Purple and blue: blackberries, blueberries, plums, raisins, eggplant, purple cabbage and purple-fleshed potatoes

Red: cherries, cranberries, pomegranate, red/pink grape fruit, red grapes, watermelon, beets, red onions, red peppers, rhubarb and tomatoes

White, tan and brown: bananas, brown pears, dates, white peaches, cauliflower, mushrooms, onions, parsnips, turnips, white-fleshed potatoes and white corn.

For videos, tips, games and other resources to help you eat healthfully this National Nutrition Month, visit www.eatright.org/nnm. Produced by ADA’s Strategic Communications Team. Source: www.eatright.org

“I like to say that exercise is like taking a little Prozac or a little Ritalin at just the right moment,” says John J. Ratey, MD, an associate professor of psychiatry at Harvard Medical School and author of A User’s Guide to the Brain. “Exercise is really for the brain, not the body. It affects mood, vitality, alertness, and feelings of well-being.” www.wedmd.com

“One’s philosophy is not best expressed in words; it is expressed in the choices one makes ... and the choices we make are ultimately our responsibility.”

-Eleanor Roosevelt

Supporters and Sponsors of IN MOTION

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Think Spring!
Kill three birds with one stone by burning some calories, working some muscles and getting the jobs done all at the same time.
• Prepare a garden
• Clean and purge the rooms and the garage
• Rake the soggy dead leaves and clear the flower beds
• Clean the gutters
• Wash the car outside
• Sweep the porches
• Plant bulbs

Small Changes Add Up

Here are more great ideas that will cut calories from your daily intake, possibly without your even noticing:

Downsize Your Dishes. Use smaller plates and bowls to help you eat less. We tend to fill up the dish we’re using and then eat it all. Our brains also think we are getting more when the same amount of food is placed in a smaller dish.
Savor Your Meals. Eating slowly helps you consume only what your body needs to feel satisfied. Eating too quickly, in less than 20 to 30 minutes, leads to overeating and feeling uncomfortably full afterwards.
Leave Some Food on Your Plate. This is especially important if you grew up in the “clean plate club.” By leaving even a few bites, you can focus more on your internal signals of satisfaction and less on eating food just because it is there.
Don’t Eat Out of a Bag or Box. When you eat out of a package, you are likely to keep eating until it’s all gone – no matter how many servings the package actually contains. Pour one serving into a small bowl.
Choose Your Glass Wisely. Here’s another place where our eyes play tricks on us. When glasses are short and wide, we tend to fill them with more fluid and to drink more. Use a slender glass for any beverage except water.
Rethink Your Drinks. High-calorie beverages like soft drinks, juice drinks, energy drinks, specialty coffees and alcohol add calories just like solid foods. Whenever possible, replace these drinks with plenty of water.

See how many fruits and vegetables you can find. Here are your clues: 6-red, 4-green, 6-orange, 6-purple/blue, 5 white

W B L U E B E R R I E S X S M
A S E I R R E B K C A L B T A
T N A L P G G E X O T A M O T
E I L O C C O R B N V J F R E
R E D B E A N S N I S I A R P
M A N G O S P I N A C H Z A U
E B L S T E E B Q N Y P G C O
L Z E P L V E A L T E E W S L
O M E A O I S E O T A T O P A
N U K S E H C A E P L U M S T
O S S O S C H E R R I E S Y N
N T S E R A R G E L P R U P A
I A A R E E G N A R O U X Z C
O R E S E I R R E B W A R T S
N D P I B Q K Z P C I L R A G

Nutrition Tip...
Workplace Wellness
Changing Company Culture

March 9, 2011 | 7:30 am to 11:30am | IPFW Walb Student Union

**GOAL:** Empower CEOs, business owners, and other key decision makers with the knowledge and tools necessary to build wellness initiatives in their own organizations. Introduce the corporate decision makers to the resources available through the Wellness Council of Indiana and the Greater Fort Wayne Chamber of Commerce.

**KEYNOTE SPEAKER:** Dr. Troy Adams of WellSteps will be presenting information on how to create a culture of health and wellness in today’s workplace. He will focus on practical tools and steps employers can take to positively impact the health and productivity of their workforce and in turn, their bottom line.

Intended for all size companies, this program will review:
- Steps employers need to take to implement a results-based wellness program that will positively affect their bottom line
- How to create a culture of health and wellness in the workplace
- How to build and maintain a successful wellness program
- Wellness resources available through membership in the Wellness Council of Indiana
- Local resources (we will have 19 different wellness vendors and organizations represented)

The YMCA 2011 Worksite Wellness Award winners will be recognized at this event. If you are interested in applying for this award, please contact Wendy Spitznagel at 260-918-2148 or wendy_spitznagel@fwymca.org. The $35 application fee for this award will include two registrations!

Register by clicking the link on the Wellness Council of Indiana website (www.wellnessindiana.org) or via the link on the Greater Fort Wayne Chamber of Commerce Community Calendar (www.fwchamber.org).

- Wellness Council member registration is $25
- Chamber member registration is $30
- Non-member Registration is $35
- Group registration (one table of 8 individuals) is $175

Registration fee includes the speaker, breakfast, networking opportunities, and a corporate wellness resource list. Participants will also receive additional printed resource material that will help them establish or maintain a corporate wellness initiative.

Thank you to our Sponsors:
1. **EACS SCHOOLS WITH EXCELLENT ATTENDANCE**

With a 2 day work week, the following schools had excellent teacher attendance Feb. 21 - 25, 2011:

- √ Leo Elementary - 100%
- √ Meadowbrook Elementary - 100%
- √ Monroeville Elementary - 100%
- √ New Haven Elementary - 100%
- √ Woodlan Jr. Sr. High - 99.4%

Certified staff:

- √ Monroeville Elementary - 98%
- √ Prince Chapman Academy - 96.4%

**KEEP UP THE GOOD WORK!**

2. **HALL OF FAME SILVER ANNIVERSARY TEAM**

On March 23, 2011 at the Primo Banquet Hall – Indianapolis Mr. Rob Geistwhite (a 1985 Woodlan High graduate) will be recognized and inducted to the Hall of Fame Silver Anniversary Team. He will be recognized as one of the very best high school basketball seniors in the state of Indiana from 25 years ago. If you would like more information about this event, please contact Tamyra Kelly, ext. 1050.

**CONGRATULATIONS WOODLAN AND MR. GEISTWHITE!**