Lockdown Drills

Sometimes we have drills. We have drills to teach us what to do if there is an emergency. We practice ways to stay safe. We practice staying safe at school and at home.

One drill that we practice at school is a lockdown drill. We practice safe ways to wait inside, like in a school or a house. The principal and teachers want to keep students safe.

Sometimes there are lockdowns when the school is being searched or if there is something unsafe outside.

The principal will say something over the intercom at school to let the teachers know that the doors are going to be locked. Students have to stay in their room and wait quietly until the drill or lockdown is over.

Students need to try to follow directions to stay safe. They should not open the door or let anyone into the classroom. It is good to stay quiet and calm. It may help to read or draw or to sit and think about happy thoughts.

It is a good idea to wait quietly and not repeat any scary thoughts or fears out loud because it may make other people feel afraid and nervous. When it is safe, the principal or adult will say that it is "all clear" or "over."

Remember, we have lockdown drills to practice safe ways to stay in a building, school, or house if there is trouble. When we practice a lockdown, there is no problem. We practice to stay safe.

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