“Power and Control/Bullying and Ownership”

Description: You have to be in control of every situation at all times. You use intimidation, manipulation, deceit, and/or assault to be in control. You are angry most of the time. You think you can own everything and everybody. Anything you want…You take. You ‘borrow’ things without permission.

- Needs to be in control of all situation
- Uses the following to control: manipulation, deceit, intimidation, assault, anger
- Enjoys fighting
- The issue is secondary in an argument/disagreement
- Dominating is a ‘high’
- Believes that people are objects to possess
- Does not regard others
- Refuses to back down on even trivial points
- Insists on own viewpoint
- Holds to position even when proven wrong
- Feels relationships are for power and control