What is an Employee Assistance Program?

An Employee Assistance Program is purchased by an employer as a benefit to the organization, managers and employees.

Why have an EAP?

Organizations benefit as a whole when performance improves and productivity increases because having an EAP offers employees and managers the support they need to eliminate distractions.

In addition, the EAP plays a vital role when Critical Incident Stress Management helps organizations recover from traumatic events.

Managers benefit when they partner with their EAP for some of the following services:

- Low Performance Conversations
- Conflict Resolution
- Management Coaching
- Counseling

Employees benefit from having an EAP by using short-term counseling for issues that may be having an impact on their ability to work. Some of those issues may include:

- Life changes like divorce, a new job, a new baby, aging parents, loss or retirement
- Family and marital problems
- Coping with difficult situations or difficult people
- Personal and work stress
- Financial counseling is also available to create a family budget, manage debt, prepare for home ownership, and other issues

Parkview Employee Assistance Program
(260) 373-9017
www.parkviewtotalhealth.com

Parkview Total Health also offers the following services to employers:

Executive Physicals
Flu Shots
Workshops including:
- Change Management
- Communication Skills
- Conflict Management
- Creating Engaged Work Teams
- Creating Resilient Teams: Teambuilding
- Diversity
- Effective Confrontation
- Financial Education
- Grief and Loss
- Identifying Chemically Impaired Employees
- Peak Performance
- Personality Differences Can Be A Good Thing
- Sexual Harassment
- Stress Management
- Workplace Violence

Personal Wellness Profiles Behavior Change Programs including:
- 8 Weeks to Wellness
- Freedom from Smoking
- Winning at Losing
(260) 373-9017