Administrative Bulletin

VI-25  3.13.15

1. BALL STATE UNIVERSITY TEACHERS COLLEGE BEST PRACTICE SHOWCASE

Ball State is committed to advancing quality education in Indiana and we are pleased to promote the excellent work that is being done in classrooms and schools across the state. You can:

Explore the Best Practices from our Professional Development School Partners, Clinical Practice Partners, Burris Laboratory School, Indiana Academy for Science, Mathematics, and Humanities, and Ball State charter schools.

Submit your Best Practices! See Attachment #1 to learn about the 2015 Conference. Connect with educators about best practice: learn from each other and share your work!

Conference presentations are now being accepted! Deadline to submit for 2015 Best Practices Conference is April 22, 2015.

Marilyn Hissong, ext. 1050

2. COUNTIES MOVING AMERICA FORWARD

The Association of Indiana Counties presents an essay contest for third grade students across Indiana. $100 will be granted to one student in each region of Indiana: Northwest, Northeast, West Central, East Central, Southwest, and Southeast. The essay focus is "Counties Moving America Forward: The Keys are Transportation and Infrastructure" which reflects the theme of this year's National County Government Month. All entries should be postmarked by April 15, 2015 to Cesia Carmona Association of Indiana Counties 101 West Ohio Street, Suite 1575 Indianapolis, IN 46204.

Please contact Cesia Carmona at intern@indianacounties.org or dial 317 684-3710 ext. 5 or visit www.indianacounties.org

Tamyra Kelly, ext. 1050
3. ARBOR DAY TEACHING KITS

Arbor Day is Friday, April 24. Indiana Hardwood Lumbermen's Association is offering FREE Arbor Day "Truth About Tree" kits again this year. The kit includes lesson plans, activities and a video targeting the 2nd-5th grades. To get your FEE kit, please visit the IHLA website at www.ihla.org. Click on the Education & Training icon and then click the underlined Arbor Day teaching kit.

Tamyra Kelly, ext. 1050

4. EACS WELLNESS SCREENINGS

EACS and Parkview Total Health are offering onsite wellness screenings again this year that include blood tests at a discounted rate along with a Health Risk Assessment (HRA). Registration is now open! Register online at http://www.eacs.k12.in.us/departments/human_resources/employee_benefits/wellness_screening/ See Attachment #2 for more details.

Eric Manor, ext. 1003

5. REMINDER: JA EDUCATOR & VOLUNTEER COOK-OUT

Mark your calendar for the JA Educator and Volunteer Cook-out scheduled to be held on May 20th from 4-6 p.m. behind the Northcrest Shopping Center. All EACS staff and educators are invited! See Attachment #3 for more details.

Tamyra Kelly, ext. 1050

6. REMINDER: INDIANA CONNECTED EDUCATORS ACCEPTING PROPOSALS

The Indiana Connected Educators (ICE) is excited to announce that the call for proposals for the 2015 ICE-Indiana Conference on October 15-16 is now open. All educators are encouraged to add their voice to this exciting event. Learn more at http://www.iceindiana.org/ Deadline to submit is March 15.

Tamyra Kelly, ext. 1050

7. REMINDER: 2015 ISTA GOOD TEACHING CONFERENCE

Saturday, March 21 at Southport High School in Indianapolis, teachers can share their professional journey with colleagues from across the state at the 2015 ISTA Good Teaching Conference. This is Indiana's premier teaching and learning conference for educators. ISTA's Good Teaching Conference has a simple philosophy: for teachers, by teachers. No matter their job assignments, there will be something for everyone at this exciting and best-practice-based conference. To learn more about the conference, visit: https://ista-in.org/goodteaching

Tamyra Kelly, ext. 1050

8. REMINDER: 2015 ECO SCIENCE FAIR

The Indiana State Museum and Earth Charter Indiana have joined forces to coordinate the Eco Science Fair where students and school groups can exhibit on projects about green and
sustainable issues. The Eco Science Fair will happen in conjunction with the museum's annual Going Green Festival March 20 & 21, 2015. Students of all ages are encouraged to apply. For more information, all questions can be forwarded to Joanna Hahn, Manager of School Programs at the Indiana State Museum by email: jhahn@indianamuseum.org or phone 317.232.8293.

Tamyra Kelly, ext. 1050

9. **REMINDER: NATIONAL YOUTH SCIENCE CAMP**

National Youth Science Camp (NYSC) is a residential science education program that honors and challenges two graduating high school science students from each state. Scientists from across the nation present lectures and hands-on science seminars and linger to interact informally with student delegates. Delegates MUST be able to attend the entire NYSC program. Delegates arrive in Charleston, West Virginia, on Wednesday, June 17, 2015, and depart on Saturday, July 11, 2015. More information is available online at www.nysc.org

Tamyra Kelly, ext. 1050

10. **REMINDER: MAD ANTS TEACHER & STAFF APPRECIATION NIGHT**

The Mad Ants would like to say THANK YOU to all of the educators in the Fort Wayne area. There will be a Teacher and Staff Appreciation Night on March 17, 2015. Teachers, staff, family, and friends can purchase tickets to the game for just $5! See Attachment #4 for ticket information.

Tamyra Kelly, ext. 1050

11. **REMINDER: DRIVE NOW. TXT L8R SOCIAL MEDIA CONTEST**

Texting and driving is against the law in Indiana - but yet, it still happens. The use of cell phones is a constant in today’s society, especially with young drivers. 71% of teens and young people say they have sent a text while driving and 78% say they have read a text while driving (National Highway Traffic Safety Administration). Because of these alarming statistics, five state agencies have joined efforts to help raise awareness of the dangers of texting and driving by sponsoring the Drive Now. TXT L8R social media contest.

During the month of April, Indiana high school and college students can put their social media skills to good use for a chance to win a $5,000 scholarship toward their college education. Last year, we granted $85,000 to student award winners.

Visit www.txtl8r.in.gov for more information about the contest, including rules, FAQs and a link to the registration page. You can also download our campaign logo and flyers from this website to post within your school. Students have until April 10 to register for the social media contest.

Tamyra Kelly, ext. 1050

12. **REMINDER: AUTISM RESOURCE/INFORMATION FAIR T-SHIRT SALE**

East Allen County School’s Autism Team is hosting an Autism Resource and Information Fair at Park Hill Learning Center on April 18, 2015. We are asking staff to acknowledge Autism Awareness month by purchasing a t-shirt and/or a key chain in support of our event. See Attachment #5 for more details.
13. **REMINDER: IDOE SUPERINTENDENT’S MAIL**

Weekly, State Superintendent Ritz sends (via email) an informational message to principals and other administrators. This has a lot of great information and notices for professional development opportunities for Indiana educators. Please be sure to pass this information on to teachers.

Tamyra Kelly, ext. 1050

**DREAM IT. DO IT.**
Submissions Now Being Accepted!

We invite you to celebrate best practices that are evident everyday in Indiana schools. Join us for the Best Practices in Education Conference to spotlight the positive work that teachers and schools are doing. Submit Now!

Thursday, May 14, 2015
BSU Student Center Ballroom

Submission deadline for the 2015 conference is April 22, 2015

Please visit our website:
http://espace.bsu.edu/cte/bestpractices
Dear EACS Employee and Spouse,

EACS and Parkview Total Health are offering onsite wellness screenings that include blood tests at a discounted rate along with a Health Risk Assessment (HRA). Read below to see what you should expect and what you need to do to get started.

Your screening appointment will include:
- First, you will have your biometrics taken (measure your height, weight, waist circumference and blood pressure).
- Next, a phlebotomist from the Parkview Lab will draw your blood. You have the option to upgrade your testing for a nominal fee (package options and testing specifics can be found on the next page). **Fasting is required 10 hours prior to appointment.** Please only take sips of water and continue all medications as they are prescribed by your physician.

Complete your online Health Risk Assessment (HRA) by Friday, May 22nd.
- Your personal username and password to access your HRA will be sent to your email address 7 business days after your screening appointment.
- Your HRA will provide you with knowledge and understanding how your current lifestyle behaviors contribute to a chronic illness and/or symptoms. For those without diagnosed illness or symptoms, your HRA will identify if you are at risk before you experience illness or disease. **All results are 100% confidential and in no way influence your insurance or employment with EACS.**

Cost for EACS Health Insurance Members
- A Chemistry 30 blood draw (total cholesterol, HDL, LDL, triglycerides, glucose, etc.) will be **Free** for EACS health insurance members.
- If you choose to have an additional screening package and are employed by EACS, you can choose to have the cost deducted through payroll or pay by check the day of the screening. All checks payable to EACS.
- Non-EACS employees will pay by check the day of the screening. All checks payable to EACS.

Cost for EACS Non-Health Insurance Members
- A Chemistry 30 blood draw (total cholesterol, HDL, LDL, triglycerides, glucose, etc.) will be **$30.00** for those who do not have EACS health insurance. Additional screening packages will be available as well.
- EACS employees can choose to have the total screening cost deducted through payroll or pay by check the day of the screening. All checks payable to EACS.
- Non-EACS employees will pay by check the day of the screening. All checks payable to EACS.

Let’s get signed up!!
Choose your desired screening location from the list page 3. Click on the screening location and it will take you to the scheduling website for that specific screening location. Follow the steps listed on page 2 to schedule your appointment.
For those signing yourself and your spouse up for a wellness screening appointment please be sure to completely close out of the website between scheduling your appointments. Since you are still logged in after scheduling your own appointment, closing out of the site prevents you from scheduling two appointments under the same name.

The instructions below will guide you through scheduling your appointment:

1. Select your desired screening location from list on page 3.
2. Select the service (EACS Wellness 2015) from the dropdown box to begin.
3. Next, you will have the option to choose any add-on testing you would like to have done during the event.

Please review the below testing packages and prices.

**Package A. Comprehensive Wellness Profile:**
- Free for EACS Health Insurance Members
- $30 for EACS Non-Health Insurance Members
- Chem 30 Preventative Health Screening Panel, included:
  - Lipid Profile (total cholesterol, HDL, LDL, triglycerides)
  - Glucose (Blood Sugar)
  - Blood Chemistry Profile: sodium, potassium, creatinine, iron, uric acid, calcium, magnesium, albumin and several more.

**Package B. Comprehensive Wellness Profile + CBC:**
- $10.00 for EACS Health Insurance Members
- $40.00 for EACS Non-Health Insurance Members
- Chem 30 Preventive Health Screening Panel (see description above)
- Plus: Complete Blood Count (CBC) includes
  - White Blood Cells
  - Red Blood Cells
  - Hemoglobin
  - Hematocrit
  - Platelets

**Package C. Total Wellness Package:**
- $25.00 for EACS Health Insurance Members
- $55.00 for EACS Non-Health Insurance Members
- Chem 30 Preventative Health Screening Panel (see description above)
- Complete Blood Count (CBC) – (see description above)
  - Plus:
    - A1C Glycohemoglobin – used to diagnose Diabetes
    - Thyroid Stimulating Hormone (TSH) – used to diagnose Hyperthyroidism or Hypothyroidism.
    - PSA (Only for males of 40, or with a family history of prostate disease and/or cancer).

**Additional Blood Test(s) Available**
- Vitamin D - $25
- C-Reactive Protein (CRP) - $15
- Testosterone (males over 40) - $25
- Blood Typing - $15

4. Choose the screening event date from the calendar shown (the only date highlighted in white).
5. Pick the appointment time that works best for you and click the “BOOK IT!” button.
6. Complete the new user fields to confirm your appointment time. Please use your full legal name and
correct date of birth. If you do not know your Employee ID, enter 1 or S for spouse of an employee.
7. Include your mobile number and/or email to receive an appointment text or email reminder before the event.
8. Click “FINALIZE APPOINTMENT” and you are finished!

You AND your spouse will each need your own individual appointment times using separate emails to signup.

<table>
<thead>
<tr>
<th>Screening Location</th>
<th>Screening Date</th>
<th>Scheduling Deadline (Must schedule your appointment by this date)</th>
<th>Screening Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>EACS Service Center Conference Room</td>
<td>Tuesday, March 24th</td>
<td>Tuesday, March 10th</td>
<td>5:30 a.m. – 10:30 a.m.</td>
</tr>
<tr>
<td>Leo Elementary Library</td>
<td>Wednesday, April 15th</td>
<td>Wednesday, April 1st</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>Cedarville Elementary Room 129A</td>
<td>Thursday, April 16th</td>
<td>Thursday, April 2nd</td>
<td>6:30 a.m. – 8:30 a.m.</td>
</tr>
<tr>
<td>Leo High School Room 150</td>
<td>Tuesday, April 21st</td>
<td>Tuesday, April 7th</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>New Haven High School Teachers Lounge</td>
<td>Tuesday, April 21st</td>
<td>Tuesday, April 7th</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>New Haven Intermediate Room 22</td>
<td>Wednesday, April 22nd</td>
<td>Wednesday, April 8th</td>
<td>6:30 a.m. – 8:30 a.m.</td>
</tr>
<tr>
<td>New Haven Primary Room 11</td>
<td>Thursday, April 23rd</td>
<td>Thursday, April 9th</td>
<td>6:00 a.m. – 8:30 a.m.</td>
</tr>
<tr>
<td>New Haven Middle School Conference Room</td>
<td>Tuesday, April 28th</td>
<td>Tuesday, April 14th</td>
<td>6:00 a.m. 8:30 a.m.</td>
</tr>
<tr>
<td>Harding/EAU Room E 100</td>
<td>Tuesday, April 28th</td>
<td>Tuesday, April 14th</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>Prince Chapman Room 511</td>
<td>Wednesday, April 29th</td>
<td>Wednesday, April 15th</td>
<td>6:30 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>Woodlan High School TBA</td>
<td>Wednesday, April 29th</td>
<td>Wednesday, April 15th</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>Southwick Elementary Gymnasium</td>
<td>Thursday, April 30th</td>
<td>Thursday, April 16th</td>
<td>6:30 a.m. – 8:30 a.m.</td>
</tr>
<tr>
<td>Heritage High School Conference Room</td>
<td>Thursday, April 30th</td>
<td>Thursday, April 16th</td>
<td>6:00 a.m. – 8:00 a.m.</td>
</tr>
<tr>
<td>Administration Building Conference Room</td>
<td>Friday, May 1st</td>
<td>Friday, April 17th</td>
<td>7:00 a.m. – 9:00 a.m.</td>
</tr>
</tbody>
</table>

If you have any questions, or scheduling issues, please contact your Wellness Coach, Eric Manor via email @ emanor@eacs.k12.in.us or by phone at (260) 446 – 0100 ext. 1003.
2015 EACS Wellness Screening Packages

As part of the EACS wellness program, you have the opportunity to have lab testing completed at the on-site screening event. **Package A is the minimum required by EACS to participate in the program**, however, by selecting Package B or C, you will save dramatically over the cost of having these tests performed by your primary care physician. You will receive all test results, which can be shared with you primary care physician at your next annual visit!

**All three options require you to fast at lest 10 hours before your blood draw.** Please complete this form and bring with you to the event. Also, bring a check made out to EACS if the cost will not be payroll deducted.

**A. Comprehensive Wellness Profile - Check box if desired package**
Chem 30 Preventive Health Screening Panel, includes:
- Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides, Cholesterol/HDL Ratio)
- Glucose (Blood Sugar)
- Blood Chemistry Profile (Sodium, Potassium, Creatinine, Iron, Uric Acid, Calcium, Magnesium, Albumin, Bilirubin, Alkaline Phosphatase, AST enzymes, Chloride, Blood Urea Nitrogen (BUN), Protein, Globulin and several more

**B. Comprehensive Wellness Profile + CBC – Check box if desired package**
Chem 30 Preventive Health Screening Panel (see description above) Plus: Complete Blood Count (CBC), includes:
- White Blood Cells
- Red Blood Cells
- Hemoglobin
- Hematocrit
- Platelets

**C. Total Wellness Package – Check box if desired package**
Chem 30 Preventive Health Screening Panel (see description above) Complete Blood Count (CBC) - (see description above) Plus:
- A1C Glycohemoglobin – used to diagnose Diabetes
- TSH 3rd Generation Thyroid Stimulating Hormone – used to diagnose Hyperthyroidism or Hypothyroidism
- PSA - For males over 40, or with a family history of prostate disease and/or cancer

Additional tests available as add-on to one of the packages above
- Vitamin D - $25
- Testosterone (males over 40) - $25
- C-Reactive Protein Ultrasensitive - $15
- Blood Typing - $15

Participant Name________________________ Location of Screening_______________________
Date of Screening_______________________ Date of Birth___________________________ Employee ID #___________
Amount Due_______________ Check #_______________ Payroll Deduct_______________ (initial)

EACS Administration Signature________________________________________________________
Thank You!

We're Firing Up the Grill!

Please join us for the

2nd Annual Junior Achievement Educator & Volunteer Appreciation Cook-Out

Wednesday 4:00-6:00

May 20

Free Food, Music & More

Behind Northcrest Shopping Center

Sponsored By:
PNC

Frontier Communications

Please RSVP to Janet Howard at (260) 484-2543 or janet.howard@ja.org
Please join us on Tuesday, March 17th at the Memorial Coliseum for our Teacher and Staff Appreciation Night!

The Mad Ants want to say THANK YOU to all of the educators in the Fort Wayne area!

All teachers, staff, family, and friends can purchase tickets for only $5 per ticket!

Order your tickets by Monday, March 16th by 11:30pm to take advantage of this great discount!

To take advantage of this offer, please visit the link below!

https://teacherappreciation31715.eventbrite.com

Or contact:

Nate Felver at the Mad Ants office 260-469-4667 Ext. 110
East Allen County School’s Autism Team is hosting an Autism Resource and Information Fair at Park Hill Learning Center on April 18, 2015. We are asking staff to acknowledge Autism Awareness month by purchasing a t-shirt and/or a key chain in support of our event. We encourage teachers to wear the t-shirt with jeans on each Friday in April. Please support our efforts in promoting Autism Awareness and the event we will be hosting.

Please send your completed order form and money to Jennifer Hartman (x3119) at Park Hill Learning Center.

Forms and payment must be received no later than Thursday March 12th. Shirts and key chains will be delivered to your building either the week before Spring Break or the week of April 6th.

Name_________________________________________School______________________________________

Phone number or room ext_____________________________________________________________________

Payment Method: ___________________Cash/Amount ___________________Check/Number__________________Amount (make payable to EACS)

Long Sleeve t-shirts are $15 and Short Sleeve t-shirts are $10. Youth sizes have been included if anyone would like to order t-shirts for family members (prices are the same as adults). The t-shirts will have the following logo:

<table>
<thead>
<tr>
<th>T-Shirts are Dark Gray</th>
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<table>
<thead>
<tr>
<th>LONG SLEEVE OPTION ($15 each)</th>
<th>SHORT SLEEVE OPTION ($10 each)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Youth</td>
<td>Adult Youth</td>
</tr>
<tr>
<td>_____Small_______Y-Small (6-8)</td>
<td>_____Small ____Y-Small (6-8)</td>
</tr>
<tr>
<td>_____Large_______Y-Large (14-16)</td>
<td>_____Large_______Y-Large (14-16)</td>
</tr>
<tr>
<td>_____XL _____Y-XL (16-18)</td>
<td>_____XL _____Y-XL (16-18)</td>
</tr>
<tr>
<td>_____XXL</td>
<td>_____XXL</td>
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<tr>
<td>_____XXXL</td>
<td>_____XXXL</td>
</tr>
<tr>
<td>_____XXXXL</td>
<td>_____XXXXL</td>
</tr>
</tbody>
</table>

Please indicate how many you would like:

Zipper Pull $5 each:______________

Key Chain $5 each:______________

T-Shirts will be Dark Gray
Recognition Bulletin

VI-25  3.13.15

1. CONGRATULATIONS LEO JAZZ BAND

The Leo Jazz Band performed in the Indiana State School Music Association Jazz Contest on Saturday, March 7. They performed “New York State of Mind,” “The Way You Look Tonight,” and “Trashin’ the Camp.” The three judges each gave a Gold rating for the performance!

Way to Go Leo!